




2019 McDonald's Swimming Gold Coast Winter Short Course Championships

You are cordially invited to attend the 2019 Swimming Gold Coast Winter Short Course Championships.

Please note:

1. This is a recognised qualifying meet, sanctioned by Swimming Queensland.
2. This is a closed championship meet for Swimming Gold Coast members only. As such, swimmers from other Regions in Queensland are not permitted to compete.

DATES	Saturday 3 rd August 2019 Sunday 4 th August 2019	
TIME	Gates open at: 6:30AM Session 1: Warmup commences 7:30 AM/ Session 1: Competition commences 8:30 AM Session 2: Warmup commences 7:30 AM Session 2: Competition commences 8:30 AM	
VENUE	Gold Coast Aquatic Centre Marine Parade, Southport QLD	
POOL ENTRY FEE	Spectator Pool Entry is charged by the GCAC – the current rate is \$3.00 – this rate is set by GCAC and may change prior to the event.	
NOMINATIONS CLOSE	Midnight, Saturday 26 th July 2019	
NOMINATION FEE	\$7.50 per event (plus online processing fee)	
AGE DETERMINATION	Age as at 3 rd August 2019 Minimum Age for this Meet is 8 years	
ELIGIBILITY	This Championship Meet is for Swimming Gold Coast ‘Competitive’ registered swimmers. ‘Recreational’ swimmers are ineligible to enter. # Visiting swimmers are not eligible to enter	



<p>MULTI-CLASS EVENTS</p>	<p>Multi-Class Swimmers must be registered as 'competitive' swimmers with a Gold Coast club and have a classification card. Your classification number/s must be beside your name in the TM file sent by your club.</p> <p>Your classification card needs to be sighted by the Chief Referee & Chief Recorder on Saturday morning before competition starts.</p> <p>The events (all four 50m & 100m Free & 100 IM) are for 11 years & Over and run as Open events. <u>There are no qualifying times.</u></p> <p>Medals/points will be awarded for 1st, 2nd & 3rd place using the Swimming Australia Multi-Class Points System.</p> <p># Please note:</p> <ol style="list-style-type: none"> 1. Multi-class swimmers without a Classification Card will be allowed to swim as Exhibition swimmers only. 2. Multi-Class swimmers are allowed to enter other 100m stroke events & longer distance races but will not accrue points as a multi-disability swimmer for these.
<p>SWIMMING GOLD COAST ANNUAL AWARDS</p>	<p>Swimmers registered with Swimming Gold Coast must compete at this Championship to be eligible for our Annual Awards including Rising Star, Presidents Award, Age Group Awards, Swimmer of Stroke & Coach's Award. More information about these awards is available on our website www.swimminggoldcoast.org.au</p> <p>Please note:</p> <ol style="list-style-type: none"> 1. Swimmers with Swimming Queensland or Swimming Australia commitments will be given special exemption if unable to attend
<p>EVENTS</p>	<p>See attached Program of Events. Timed Finals only will be swum. If less than 3 nominations are received for an event, Swimming Gold Coast reserves the right to cancel the event and refund nominations. Swimming Gold Coast also reserves the right, on the day, to combine heats and events.</p> <p>Please note Qualifying Times apply to all events for 11 years & over & 50m events for 10yrs only.</p>
<p>VISITING SWIMMERS</p>	<p>This Meet is a closed Meet for members that are registered with Gold Coast Swimming Clubs ONLY.</p>
<p>ENTRIES & PAYMENT</p>	<p>Online entries <u>via Swim Central only</u></p> <p>Payment is to be made online.</p> <p>If you have any problems or questions regarding on-line entries please email Race Secretary – Karen Meyer- racesecretary@swimminggoldcoast.org.au Mob: 0425 212 281</p>





LATE ENTRIES	<p>Late entries will be accepted at the discretion of the Race Secretary and a fee of \$50 per event applied.</p> <p>All enquiries regarding these entries <u>MUST</u> only come through the attending club's Race Secretary and not through individuals.</p>
RULES	<p>These championships will be conducted under: the Swimming Queensland General Rules, SQ Championship By-Laws, FINA and SAL rules.</p> <p>Competitors in the first two events should be in the marshalling area 10 minutes prior to the scheduled starting time of the session. In addition, competitors should be in the marshalling area at least two events ahead of the event in progress.</p>
RESULTS	<p>1st, 2nd and 3rd placing in age groups (<i>except for Multi-Class</i>) will be determined from the three fastest OFFICIAL times swum in the heats, and medals awarded accordingly.</p> <p>#All 50m events & the 100 Individual Medley will have medals awarded to 8, 9, 10, 11, 12, 13, 14, 15, and 16 years & Over.</p> <p>#The 200 IM, all 100m events, 200m & 400m freestyle events will have medals awarded to 11, 12, 13, 14, 15 and 16 years & Over.</p> <p>#The 200m form stroke and 1500m freestyle events will have medals awarded to 13, 14, 15, and 16 years & Over.</p> <p>#The 800m Free & 400m IM will have medals awarded to 12, 13, 14, 15, 16 years & Over.</p> <p>#Multi-Class Events will be run as Open age group events and points calculated using the Short Course Multi-Class Calculator.</p> <p>Age Champions will be recognised from all events in a swimmers age group. A minimum of 4 events in their age group must be swum to be eligible. An individual point score for all placings will be used for these championships.</p>
COLLECTION OF MEDALS	<p>Collection of medals is the responsibility of each swimmer. Medals not collected by the end of the meet will not be redeemed.</p>
PROGRAMS	<p>The Swimming Gold Coast is committed to reducing our environmental footprint, and therefore Swimming Gold Coast will email all competing clubs a PDF copy of the Meet Program prior to the event. Clubs may distribute this as they wish to competitors. Programs will also be available on our website for download. There will be no programs for sale on the day.</p>





TIMEKEEPERS	<p>Timekeepers will be required to be provided by each club. A timekeeping schedule will be provided at a ratio dependant on the number of swimmers attending.</p> <p>For those clubs that have swimmers in the 800m and 1500m Freestyle events and teams in the relay events you must provide 3 timekeepers for each swimmer/team entered.</p>
PHOTOGRAPHY AND IMAGES	<p>In nominating for this Meet, swimmers agree that they may be photographed by Swimming Queensland, Swimming Gold Coast and the Club approved photographers, that the images may be displayed for viewing and purchasing on site during the Meet and on the photographer's secure website after the Meet, and that they may also be used by Swimming Queensland, Swimming Gold Coast and the Club at its discretion.</p>
WARMUP	<p>Warmup will commence as follows:</p> <p>First session: 7.30am Second session: 7.30am</p> <p>Dive starts and pacework will be allocated for Lanes 1 and 8.</p>
COPY OF RESULTS	<p>A copy of results will be available on the website www.swimminggoldcoast.org.au</p>
Meet Mobile	<p>Results may be published in near real time during this meet at the clubs discretion via the Meet Mobile application.</p> <p>Please note:</p> <ul style="list-style-type: none"> Results published via Meet Mobile ARE NOT OFFICIAL and should be used as a guide only. Official meet results are printed by officials during all meets and posted in a prominent position. <p>Official results are also published within 24hrs of the completion of a meet upon the Swimming Gold Coast website event pages and later on SAL Results Central</p>
Pool Compliance	<p>The Gold Coast Olympic Aquatic Centre has undertaken compliance testing and met all current competitive pool standards, as set by Swimming Australia. The certification can be viewed here.</p>
Competitive Dive Entry	<p>All swimming competitors and/or their parents, accept that, by nominating for this event, that they have read and understand Swimming Australia's "Dive Entry for Competitive Swimming Policy" and meet the dive competency levels outlined in that policy. This policy can be found here.</p>
OTHER	<p>For any enquiries regarding this meet please contact Race Secretary Karen Meyer Mob:0425 212 281 racesecretary@swimminggoldcoast.org.au</p>





Program of Events
Saturday 3rd August 2019

Event No	Event Details Boys	Qualifying Time	Event No	Event Details Girls	Qualifying Time
1	Boys 11yrs 200m Free Boys 12yrs 200m Free Boys 13yrs 200m Free Boys 14yrs 200m Free Boys 15yrs 200m Free Boys 16yrs&O 200m Free	2:40.00 2:29.00 2:22.00 2:16.00 2:10.00 2:10.00	2	Girls 11yrs 200m Free Girls 12yrs 200m Free Girls 13yrs 200m Free Girls 14yrs 200m Free Girls 15yrs 200m Free Girls 16yrs&O 200m Free	2:40.00 2:30.00 2:23.00 2:21.00 2:20.00 2:20.00
3	Boys Open Multi-Class 50m Backstroke	No QT	4	Girls Open Multi-Class 50m Backstroke	No QT
5	Boys 8yrs 50m Back Boys 9yrs 50m Back Boys 10yrs 50m Back Boys 11yrs 50m Back Boys 12yrs 50m Back Boys 13yrs 50m Back Boys 14yrs 50m Back Boys 15yrs 50m Back Boys 16yrs&O 50m Back	No QT No QT 0:45.00 0:43.00 0:40.00 0:38.00 0:35.00 0:35.00 0:34.00	6	Girls 8yrs 50m Back Girls 9yrs 50m Back Girls 10yrs 50m Back Girls 11yrs 50m Back Girls 12yrs 50m Back Girls 13yrs 50m Back Girls 14yrs 50m Back Girls 15yrs 50m Back Girls 16yrs&O 50m Back	No QT No QT 0:45.00 0:43.00 0:40.00 0:38.00 0:36.00 0:36.00 0:36.00
7	Boys 8yrs 50m Fly Boys 9yrs 50m Fly Boys 10yrs 50m Fly	No QT No QT 0:48.00	8	Girls 8yrs 50m Fly Girls 9yrs 50m Fly Girls 10yrs 50m Fly	No QT No QT 0:48:00
9	Boys 11yrs 100m Breast Boys 12yrs 100m Breast Boys 13yrs 100m Breast Boys 14yrs 100m Breast Boys 15yrs 100m Breast Boys 16yrs&O 100m Breast	1:38.00 1:32.00 1:26.00 1:22.00 1:20.00 1:18.00	10	Girls 11yrs 100m Breast Girls 12yrs 100m Breast Girls 13yrs 100m Breast Girls 14yrs 100m Breast Girls 15yrs 100m Breast Girls 16yrs&O 100m Breast	1:40.00 1:33.00 1:28.00 1:26.00 1:24.00 1:24.00
11	Boys Open Multi-Class 50m Breaststroke	No QT	12	Girls Open Multi-Class 50m Breaststroke	No QT
13	Boys 13yrs 200m Fly Boys 14yrs 200m Fly Boys 15yrs 200m Fly Boys 16yrs&O 200m Fly	2:46.00 2:40.00 2:36.00 2:30.00	14	Girls 13yrs 200m Fly Girls 14yrs 200m Fly Girls 15yrs 200m Fly Girls 16yrs&O 200m Fly	2:50.00 2:44.00 2:42.00 2:40.00

Program of Events Cont...





Saturday 3rd August 2019

Event No	Event Details Boys	Qualifying Time	Event No	Event Details Girls	Qualifying Time
15	Boys 8yrs 100m IM Boys 9yrs 100m IM Boys 10yrs 100m IM Boys 11yrs 100m IM Boys 12yrs 100m IM Boys 13yrs 100m IM Boys 14yrs 100m IM Boys 15yrs 100m IM Boys 16yrs&O 100m IM	No QT No QT 1:37.00 1:27.00 1:22.00 1:16.00 1:12.00 1:11.00 1:09.00	16	Girls 8yrs 100m IM Girls 9yrs 100m IM Girls 10yrs 100m IM Girls 11yrs 100m IM Girls 12yrs 100m IM Girls 13yrs 100m IM Girls 14yrs 100m IM Girls 15yrs 100m IM Girls 16yrs&O 100m IM	No QT No QT 1:37.00 1:27.00 1:21.00 1:17.00 1:16.00 1:15.00 1:14.00
17	Boys Open Multi-Class 100m Individual Medley	No QT	18	Girls Open Multi-Class 100m Individual Medley	No QT
19	Boys 8yrs 50m Breast Boys 9yrs 50m Breast Boys 10yrs 50m Breast Boys 11yrs 50m Breast Boys 12yrs 50m Breast Boys 13yrs 50m Breast Boys 14yrs 50m Breast Boys 15yrs 50m Breast Boys 16yrs&O 50m Breast	No QT No QT 0:51.00 0:50.00 0:44.00 0:42.00 0:39.00 0:38.00 0:37.00	20	Girls 8yrs 50m Breast Girls 9yrs 50m Breast Girls 10yrs 50m Breast Girls 11yrs 50m Breast Girls 12yrs 50m Breast Girls 13yrs 50m Breast Girls 14yrs 50m Breast Girls 15yrs 50m Breast Girls 16yrs&O 50m Breast	No QT No QT 0:51.00 0:50.00 0:45.00 0:42.00 0:41.00 0:41.00 0:40.00
21	Boys 13yrs 200m Back Boys 14yrs 200m Back Boys 15yrs 200m Back Boys 16yrs&O 200m Back	2:47.00 2:39.00 2:36.00 2:31.00	22	Girls 13yrs 200m Back Girls 14yrs 200m Back Girls 15yrs 200m Back Girls 16yrs&O 200m Back	2:49.00 2:44.00 2:43.00 2:39.00
23	Boys 8yrs 50m Free Boys 9yrs 50m Free Boys 10yrs 50m Free	No QT No QT 0:37.00	24	Girls 8yrs 50m Free Girls 9yrs 50m Free Girls 10yrs 50m Free	No QT No QT 0:37.00
25	Boys 12yrs 400m IM Boys 13yrs 400m IM Boys 14yrs 400m IM Boys 15yrs 400m IM Boys 16yrs&O 400m IM	6:20.00 6:05.00 5:45.00 5:35.00 5:25.00	26	Girls 12yrs 400m IM Girls 13yrs 400m IM Girls 14yrs 400m IM Girls 15yrs 400m IM Girls 16yrs&O 400m IM	6:22.00 6:07.00 5:47.00 5:37.00 5:27.00
27	Boys 12yrs&O 800m Free	10:47.00	28	Girls 12yrs&O 800m Free	10:35.00





Program of Events
Sunday 4th August 2019

Event No	Event Details Boys	Qualifying Time	Event No	Event Details Girls	Qualifying Time
29	Boys 11yrs 200m IM Boys 12yrs 200m IM Boys 13yrs 200m IM Boys 14yrs 200m IM Boys 15yrs 200m IM Boys 16yrs&O 200m IM	3:07.00 2:58.00 2:50.00 2:40.00 2:35.00 2:30.00	30	Girls 11yrs 200m IM Girls 12yrs 200m IM Girls 13yrs 200m IM Girls 14yrs 200m IM Girls 15yrs 200m IM Girls 16yrs&O 200m IM	3:10.00 2:58.00 2:52.00 2:45.00 2:43.00 2:42.00
31	Boys Open Multi-Class 50m Freestyle	No QT	32	Girls Open Multi-Class 50m Freestyle	No QT
33	Boys 11yrs 50m Free Boys 12yrs 50m Free Boys 13yrs 50m Free Boys 14yrs 50m Free Boys 15yrs 50m Free Boys 16yrs&O 50m Free	0:35.00 0:32.00 0:30.00 0:29.00 0:28.00 0:27.00	34	Girls 11yrs 50m Free Girls 12yrs 50m Free Girls 13yrs 50m Free Girls 14yrs 50m Free Girls 15yrs 50m Free Girls 16yrs&O 50m Free	0:35.00 0:33.00 0:32.00 0:31.00 0:31.00 0:30.00
35	Boys 11yrs 100m Back Boys 12yrs 100m Back Boys 13yrs 100m Back Boys 14yrs 100m Back Boys 15yrs 100m Back Boys 16yrs&O 100m Back	1:26.00 1:21.00 1:17.00 1:14.00 1:12.00 1:10.00	36	Girls 11yrs 100m Back Girls 12yrs 100m Back Girls 13yrs 100m Back Girls 14yrs 100m Back Girls 15yrs 100m Back Girls 16yrs&O 100m Back	1:26.00 1:22.00 1:18.00 1:16.00 1:15.00 1:14.00
37	Boys Open Multi-Class 50m Butterfly	No QT	38	Girls Open Multi-Class 50m Butterfly	No QT
39	Boys 11yrs 50m Fly Boys 12yrs 50m Fly Boys 13yrs 50m Fly Boys 14yrs 50m Fly Boys 15yrs 50m Fly Boys 16yrs&O 50m Fly	0:42.00 0:37.00 0:34.00 0:33.00 0:32.00 0:31.00	40	Girls 11yrs 50m Fly Girls 12yrs 50m Fly Girls 13yrs 50m Fly Girls 14yrs 50m Fly Girls 15yrs 50m Fly Girls 16yrs&O 50m Fly	0:42.00 0:37.00 0:35.00 0:34.00 0:33.00 0:33.00
41	Boys 11yrs 400m Free Boys 12yrs 400m Free Boys 13yrs 400m Free Boys 14yrs 400m Free Boys 15yrs 400m Free Boys 16yrs&O 400m Free	5:40.00 5:14.00 4:56.00 4:51.00 4:41.00 4:37.00	42	Girls 11yrs 400m Free Girls 12yrs 400m Free Girls 13yrs 400m Free Girls 14yrs 400m Free Girls 15yrs 400m Free Girls 16yrs&O 400m Free	5:40.00 5:14.00 5:07.00 4:58.00 4:55.00 4:52.00





Program of Events Cont...
Sunday 4th August 2019

Event No	Event Details Boys	Qualifying Time	Event No	Event Details Girls	Qualifying Time
43	Boys 11yrs 100m Fly Boys 12yrs 100m Fly Boys 13yrs 100m Fly Boys 14yrs 100m Fly Boys 15yrs 100m Fly Boys 16yrs&O 100m Fly	1:26.00 1:18.00 1:16.00 1:11.00 1:09.00 1:07.00	44	Girls 11yrs 100m Fly Girls 12yrs 100m Fly Girls 13yrs 100m Fly Girls 14yrs 100m Fly Girls 15yrs 100m Fly Girls 16yrs&O 100m Fly	1:27.00 1:20.00 1:18.00 1:15.00 1:13.00 1:12.00
45	Boys 13yrs 200m Breast Boys 14yrs 200m Breast Boys 15yrs 200m Breast Boys 16yrs&O 200m Breast	3:06.00 2:56.00 2:50.00 2:47.00	46	Girls 13yrs 200m Breast Girls 14yrs 200m Breast Girls 15yrs 200m Breast Girls 16yrs&O 200m Breast	3:07.00 3:04.00 3:02.00 3:00.00
47	Boys Open Multi-Class 100m Freestyle	No QT	48	Girls Open Multi-Class 100m Freestyle	No QT
49	Boys 11yrs 100m Free Boys 12yrs 100m Free Boys 13yrs 100m Free Boys 14yrs 100m Free Boys 15yrs 100m Free Boys 16yrs&O 100m Free	1:14.00 1:09.00 1:05.00 1:03.00 1:01.00 1:00.00	50	Girls 11yrs 100m Free Girls 12yrs 100m Free Girls 13yrs 100m Free Girls 14yrs 100m Free Girls 15yrs 100m Free Girls 16yrs&O 100m Free	1:14.00 1:09.00 1:08.00 1:07.00 1:06.00 1:04.00
51	Boys 13yrs&O 1500m Free	19:20.00	52	Girls 13yrs&O 1500m Free	19:45.00

