



ALL SAINTS SWIMMING CLUB

Short Course Preparation Winter Meet 12 years & Over

Date	21 st July 2018
Time	Gates open at: 6.30am Warmup commences 7am Competition commences 8am
Venue	All Saints Anglican School – Highfield Drive Merrimac Gold Coast QLD In our 8 lane 25m Indoor Heated (27deg) Swimming Pool complex.
Warmup	Dive starts and pacework will be allocated for Lanes 1 and 8
Gate Entry	Spectators, Competitors, Coaches and children are all free Programs will be available for \$4
Nomination Fee	\$6.50 per event
Nominations Close	Friday 13 th July 2018 This meet is capped at 300 swimmers. (on first swimmers registered basis)
Age Determination	Age as at 21 st July 2018
Entries	All entries must be submitted through the online link Please Click Here for the Link to Online Entries Page <i><u>Note: All Swimmers must be fully registered as a Competitive Swimmer (submitted on the Swimming Australia database) at the time of the Meet.</u></i>
Eligibility	This Meet is for Swimming Gold Coast 'Competitive' registered swimmers. 'Recreational' swimmers are ineligible to enter. <i>#For eligibility of Visiting swimmers <u>please read</u> 'Visiting Swimmers' below.</i>
Visiting Swimmers	Swimmers registered to Gold Coast Clubs that are members of another Federation, from Inter-state or are Non-Australian are permitted to swim. A member of another Federation must be shown in the program with a (V) beside their <u>first name</u> and the Federation they are registered with. Inter-State and Non – Australian swimmers (not members of another Federation) must be shown in the program with a (V) beside their <u>surname</u> and the club they are registered with. Swimmers must be registered in SAL Club Lane and be able to enter via the online entry form. There will be no manual entries accepted



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Events	<p>As per below Program of Events.</p> <p>Heats only will be swum in each event. If less than 3 nominations are received for an event, the club reserves the right to cancel the event and refund nominations. The club also reserves the right, on the day, to combine heats and events.</p> <p>Qualifying times for all events will be enforced. Medals will only be awarded to placegetters within the qualifying time.</p>
Late Entries	Late entries will NOT be accepted
Dash for Cash	<p>The 50m Finals will be held following 800s</p> <p>DASH will be selected from the fastest 8 Boys & 8 Girls in Events 7 & 8.</p> <p>Prize Money – 1st \$125, 2nd \$75, 3rd \$50, 4th to 8th \$10 each</p> <p><u>To be eligible to compete in the dash for cash you must nominate in at least Four (4) events.</u></p>
Results/Medals	<p>Medals will be award to 1st, 2nd & 3rd in each age group 12y, 13y, 14y, 15 & Ov in all 50m event & 100m events. 200/400/800/1500m will not multi aged. Age champion awards will be presented to swimmers 12,13,14, 15 and Over with the highest accumulated points all 50m & 100m events. Distance Events are not included in Age Championship points.</p>
Collections of Medals	Collection of medals is the responsibility of each swimmer. Medals not collected by the end of the meet will not be redeemed.
Rules	<p>This event will be conducted under: The Swimming Queensland General Rules, SQ Championship By-Laws, FINA and SAL rules</p> <p>Competitors in the first two events should be in the marshalling area 10 minutes prior to the scheduled starting time of the session. In addition, competitors should be in the marshalling area at least two events ahead of the event in progress.</p>
Timekeepers	<p>Timekeepers may be required to be provided by each club. A timekeeping schedule will be provided at a ratio dependant on the number of swimmers attending.</p> <p>For those clubs that have swimmers in the 800m and 1500m Freestyle events and teams in the relay events you must provide 3 timekeepers for each swimmer/team entered.</p>
Photography & Images	<p>In nominating for this Meet, swimmers agree that:</p> <ul style="list-style-type: none"> • They may be photographed by Swimming Queensland, Swimming Gold Coast and the Club approved photographers, • The images may be displayed for viewing and purchasing on site during the Meet and on the photographer's secure website after the Meet, and <p>They may also be used by Swimming Queensland, Swimming Gold Coast and the Club at its discretion.</p>
Copy of Results	<ul style="list-style-type: none"> • A copy of results will be available on the website www.swimminggoldcoast.org.au and forwarded to Swimming Queensland.
Coaches	Coaches will receive a Coaches Pack consisting of 1 x food/drink voucher & 1 program each. Each Club to nominate names of coaches attending the meet on or before the closing date for nominations
Refreshments	All Saints Gold Coast Swimming Club will be operating a BBQ along with selling cold drinks. Coffee, tea and cakes/slices will also be on sale.



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Parking

There is ample parking located around the pool
Please see map below.

EVENT ORDER

GIRLS		BOYS
	400 Freestyle	
1	QT 6:00.00	2
3	200 Butterfly QT 3:30.00	4
5	100 Breaststroke	6
7	50 Freestyle	8
9	200 Backstroke QT 3:30.00	10
11	100 Freestyle	12
13	50 Butterfly	14
15	200 Breaststroke QT 3:30.00	16
17	400 Medley QT 7:00.00	18
19	800 Freestyle QT 12:00.00	20
Dash for Cash Races		
21	200 Medley QT 3:30.00	22
23	100 Butterfly	24
25	50 Backstroke	26
27	200 Freestyle QT 3:00.00	28
29	100 Backstroke	30
31	50 Breaststroke	32
33	100 Medley	34
35	12 & ov 1500 Freestyle QT 22:00.00	36

To assist swimmers with entering online events with qualifying times, the qualifying times for the distance events have been removed to allow swimmers to nominate as a "No Time" or NT. Swimmers undertaking this option MUST obtain a written reference from their Club's race secretary and/or coach & sent by email to msabotic123@gmail.com to validate their entry. Un-validated entries will be removed prior to the meet and will NOT be entitled to a refund.



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