

Preparation Meet

9th September, 2017

- GATES OPEN:** 06:00am
- WARM UP:** 06:30am for an 08:00am start
- VENUE:** The Southport School, Winchester Street, Southport, 4215
- FACILITIES:** 12 lane 50m pool with electronic timing, 6 lane 25m pool for warm-up and swim-down
- PROGRAMMES:** \$4.00 available at the gate
- POOL ENTRY:** Swimmers and Children are FREE, adults \$4
- NOMINATIONS:** Online Meet Entries – Refer to Club Lane portal:
<https://connect.swimming.org.au/sal-wrap-public/workflows/MEMBER.EVENT.DETAIL&dbWorkflowKey=013495>
Any queries email Janice.cole@tss.gld.edu.au
- LATE NOMINATIONS:** Late nominations or nominations on the day of the meet will not be accepted.
- AGE:** Age as at Saturday 9th September 2017. The minimum age for the Meet is 11 years.
- ELIGIBILITY:** Entry is open to SQ “competitive” registered swimmer.
Entries from other states or international swimmers will be accepted with clearance from their state or country’s swimming body. The financial status of nominated swimmers for this meet is the responsibility of the Registrar/Race Secretary of the respective Club.
- EVENTS:** As per the attached program.
All heats will be swum as Timed Finals.
200m Butterfly, Backstroke, Breaststroke and Freestyle events be swum as timed finals however there will be 100m finals selected from the 200m events in each stroke. Male finals will be 14 yrs and under and 15 yrs and over. Female finals will be 13 yrs and under and 14 yrs and over.
Heats may be combined on the day with the approval of the Meet Referee. Qualifying times apply to some events, please refer to Event Program.
- AWARDS:** Open Events for this Meet are considered to be: 11 years +.
Medals will be awarded on the basis of:
Open Events : Medals awarded to the 3 fastest official times swum, eg; 1st, 2nd, 3rd.
Whilst competitors will race in the Open Event, Medals will be also be awarded to the 1st, 2nd, 3rd place finishes in each of these age groups: 11yrs, 12yrs, 13yrs, 14yrs, in the 50m and 100m Events.
- RULES:** Medals will also be awarded for the 1st, 2nd, 3rd place finishes in each Final.
Age Champions will not be recognized.
- RESULTS:** SAL/SQ rules will apply. One start rule. Feet first entry must be used for backstroke entry. Swim suits must comply with the current FINA regulations.
- TIMEKEEPERS:** A copy of the results will be available at the close of the Meet on the TSS Aquatic website www.tssaquatic.com.au . The results will be provided to Swimming Gold Coast and SQ on Monday 11th September, 2017.
Clubs will be asked to supply timekeepers relative to the number of swimmers representing your club; we thank you for your assistance.
www.tssaquatic.com.au

- COACHES:** Coaches will receive a Coaches pack consisting of food/drink voucher and programme. Please let us know how many Coaches will be attending from your club!
- ATHLETE ROSTER:** An Athlete Roster, Timeline and Time Keeping Roster will be available on the TSS Aquatic website on Tuesday 5th, September 2017; we ask that Athletes and Race Secretaries check these for accuracy. www.tssaquatic.com.au
- REFRESHMENTS:** Food and drink will be available for sale.
- PHOTOGRAPHY** In nominating for this Meet, swimmers agreed that they may be photographed by Swimming Queensland, Swimming Gold Coast and the Club approved photographers, that the images may be displayed for viewing and purchasing on site during the Meet and on the photographer's secure website after the Meet, and that they may also be used by Swimming Queensland, Swimming Gold Coast and the Club at its discretion.
- TENTS:** Please ensure all tents are securely pegged down. Tents can be erected any time on Friday.
- QUERIES:** Please address any queries to Janice.Cole@tss.qld.edu.au Ph: (07) 5531 9919

EVENT PROGRAMME

SESSION ONE: SATURDAY SEPTEMBER 9th GATES OPEN AT 6:00AM

WARM-UP: 6:30- 7:30AM RACE: 8:00AM START

MALE EVENTS	FEMALE EVENTS	AGE	DISTANCE	STROKE
1	2	11 & Over	400m	Freestyle
3	4	11 & Over	200m	Butterfly
5	6	11 & Over	100m	Breaststroke
7	8	11 & Over	50m	Freestyle
9	10	11 & Over	200m	Backstroke
11	12	11 & Over	100m	Freestyle
13	14	11 & Over	50m	Butterfly
15	16	11 & Over	200m	Individual Medley
17	18	11 & Over	200m	Breaststroke
19	20	11 & Over	100m	Butterfly
21	22	11 & Over	50m	Backstroke
23	24	11 & Over	200m	Freestyle
25	26	11 & Over	100m	Backstroke
27	28	11 & Over	50m	Breaststroke

SESSION TWO: SATURDAY SEPTEMBER 9TH

SESSION TWO will commence 60 minutes after event 28 has concluded

Warm-up for SESSION TWO in the 50m pool can commence at the conclusion of SESSION ONE

MALE EVENTS	FEMALE EVENTS	AGE	DISTANCE	STROKE
29	30	11 & Over	800m	Freestyle
31	32	11 & Over	1500m	Freestyle
33		14 & Under	100m	Butterfly
	34	13 & Under	100m	Butterfly
35		15 & Over	100m	Butterfly
	36	14 & Over	100m	Butterfly
37		14 & Under	100m	Backstroke
	38	13 & Under	100m	Backstroke
39		15 & Over	100m	Backstroke
	40	14 & Over	100m	Backstroke
41		14 & Under	100m	Breaststroke
	42	13 & Under	100m	Breaststroke
43		15 & Over	100m	Breaststroke
	44	14 & Over	100m	Breaststroke
45		14 & Under	100m	Freestyle
	46	13 & Under	100m	Freestyle
47		15 & Over	100m	Freestyle
	48	14 & Over	100m	Freestyle

FINALS:

All events highlighted in Yellow **cannot be entered**. They are 100m finals for each stroke which can be qualified for through the 200m events held in Session One.

The reason for introducing 100m finals from 200m events is to help promote sprint swimmers to compete in 200m events as well as give middle distance swimmers the opportunity to race in sprint finals.

All finals will be self marshalled.