



# Twin Towns Swim Team

## Waterdragons Winter LC Sprint Meet

Sunday 13<sup>th</sup> August 2017

Oasis Pools, Club Banora, Leisure Drive Banora Point

WARM UP - 9.30am START 10.30am

ELECTRONIC TIMING WILL BE USED



Sunday 13th August 2017					Sunday 13th August 2017				
Male	Age	Distance	Stroke	Female	Male	Age	Distance	Stroke	Female
1	Open	200m	Backstroke TT	Mixed	34	Open	200m	Breaststroke TT	Mixed
2	12yrs/Under	4x50m	Freestyle Relay	Mixed	35	13yrs/Over	4x50m	Freestyle Relay	Mixed
3	Open	200m	Freestyle	4	37	Multi-Class	100m	Freestyle	38
5	All Age	100m	Breaststroke	6	39	All Age	100m	Freestyle	40
7	8yrs/Under	25m	Butterfly	8	41	8yrs/Under	25m	Backstroke	42
9	8yrs/Under	50m	Butterfly	10	43	8yrs/Under	50m	Backstroke	44
11	Multi-Class	50m	Butterfly	12	45	Multi-Class	50m	Backstroke	46
13	9yrs/Over	50m	Butterfly	14	47	9yrs/Over	50m	Backstroke	48
15	All Age	100m	Backstroke	16	49	All Age	100m	Butterfly	50
17	8yrs/Under	25m	Breaststroke	18	51	8yrs/Under	25m	Freestyle	52
19	8yrs/Under	50m	Breaststroke	20	53	8yrs/Under	50m	Freestyle	54
21	Multi-Class	50m	Breaststroke	22	55	Multi-Class	50m	Freestyle	56
23	9yrs/Over	50m	Breaststroke	24	57	9yrs/Over	50m	Freestyle	58
25	8yrs/Under	100m	Individual Medley	26	59	All Age	200m	Individual Medley	60
27	13yrs/Over	4x50m	Freestyle Relay	28	61	10yrs/Under	4x50m	Medley Relay	62
29	12yrs/Under	4x50m	Freestyle Relay	30	63	12yrs/Under	4x50m	Medley Relay	64
31	10yrs/Under	4x50m	Freestyle Relay	32	65	13yrs/Over	4x50m	Medley Relay	66
33	Open	200m	Butterfly TT	Mixed	Event 1, Event 33 & Event 34 are Time Trials				

### Conditions of Entry:

- The Meet will be conducted under the Rules of SAL and Swimming NSW Ltd (One Start rule shall apply).
- Age as at 13<sup>th</sup> August 2017 All events will be conducted as timed finals.
- Medals will be awarded to the first 3 placegetters as follows:
 

<b>25m Events</b>	<b>6yrs&amp;U, 7yrs and 8yrs</b>
<b>50m Free</b>	<b>7yrs/U, 8yrs, 9yrs,10yrs,11yrs, 12yrs,13yrs, 14yrs, 15yrs, 16yrs/O</b>
<b>50m Formstrokes</b>	<b>8yrs&amp;U, 9yrs, 10yrs, 11yrs, 12yrs, 13yrs/O</b>
<b>100m Free</b>	<b>8yrs&amp;U, 9yrs,10yrs,11yrs, 12yrs,13yrs, 14yrs, 15yrs, 16yrs/O</b>
<b>100m Formstrokes</b>	<b>12yrs/U, 13yrs, 14yrs, 15yrs, 16yrs/O</b>
<b>100m IM</b>	<b>7yrs&amp;U and 8yrs</b>
<b>200m Free and IM</b>	<b>9yrs&amp;U,10yrs, 11yrs, 12yrs, 13yrs, 14yrs, 15yrs, 16yrs/O</b>
<b>Multi-Class Events</b>	<b>First 3 Placegetters</b>
<b>Relays</b>	<b>First 3 placegetters</b>
<b>200m Formstrokes</b>	<b>Time Trials - no medals will be awarded</b>
- 8yrs&U can only swim one distance and 25m swimmers cannot swim 100m or 200m event (except 100m IM)
- Rule Tolerance will apply to the 8yrs/under 25m events.
- Relay events will run if time permits only.
- Mixed relay teams must have at least one male and one female swimmer.
- Names and DOB of swimmers in relay teams must be supplied to the recorder on the day before 10.15am.
- The Meet Director reserves the right to vary the program.
- This meet is an Area approved meet with times uploaded to the National Results Database.
- Entry Fee: \$5.00 per event**

### ENTRIES TO

Winter Sprint Carnival Convenor  
Twin Towns Swim Team  
PO Box 649  
Banora Point  
NSW 2486

### ENQUIRIES

Sandra Dawson  
Mob: 0421005147  
Faye Rowles  
Mob: 0407287997

### CLOSING DATE:

Monday 7<sup>th</sup> August 2017

### ADMISSION:

Competitors: FREE  
Spectators: \$4.00  
Programs: \$4.00

### ENTRY FEE

\$5.00 per event

Cheques made payable to Twin Towns Swim Team Inc or Direct Deposit BSB 032-563 Account 314827

TM Entry File Email to: [twintownswimteamracesec@gmail.com](mailto:twintownswimteamracesec@gmail.com)